

**Health & Wellness Day:
A Conference for Dentists, Physicians and Pharmacists**

August 28, 2009 ▪ Siena Hotel Spa Casino ▪ Reno, Nevada

\$150 early bird registration postmarked by August 3, 2009 / \$200 after August 3

Name _____

Address _____ City _____ State ____ Zip _____

Phone _____ Fax _____ Email _____

Dentist Physician Pharmacist Other

If multiple attendees from one office, please list names as they appear on professional licenses

Name _____

Name _____

Name _____

Name _____

Total Amount Enclosed \$ _____

Visa/ MasterCard/Discover Card # _____ Exp. Date _____ Statement Zip code: _____

Check payable to NNDS

FAX to: 775-337-0298 or mail to:

Northern Nevada Dental Society
161 Country Estates Circle, Suite 1B
Reno, NV 89511

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-or- Deanna Heller, (775) 626-6279, deannaheller@sbcglobal.net

Health & Wellness Day for Health Care Professionals

A Conference for Dentists, Physicians and Pharmacists

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Schedule of Events

| Time | Activity | Speaker | Presentation Topic |
|-------------------------|--------------------------------------|--|--|
| 7:00 – 7:45 a.m. | Registration & continental breakfast | | |
| 7:45 – 8:00 a.m. | Welcome & Introductions | Mike Day, D.D.S., Chair Northern Nevada Dental Society Health and Wellness Committee | Role of dentists' health and wellness committee |
| 8:00 – 9:30 a.m. | Speaker | James S. Gordon, M.D. | Depression is not a disease. It is a human experience. |
| 9:30 – 9:45 a.m. | Break with refreshments | | |
| 9:45 – 11:00 a.m. | Speaker | James S. Gordon, M.D. | Dealing with depression without antidepressants |
| 11:00 a.m. – 12:00 p.m. | | Alan Fruzzetti, Ph.D. | High conflict relationships at home and work |
| 12:00 – 12:45 p.m. | Lunch | | |
| 12:45 – 1 p.m. | Speaker | Peter Mansky, M.D., Exec. Director Nevada Health Professionals Assistance Program | Role of physicians' mental health committee |
| 1:00 – 2:15 p.m. | Speaker | Jacqueline Pistorello, Ph.D. | The ethical and practical aspects of dealing with patients' trauma as well as that of the health care professional |
| 2:15 – 2:30 p.m. | Break with refreshments | | |
| 2:30 – 3:30 p.m. | Speaker | Rev. Bill Bartlett, D.Min. | Dealing with grief, loss and ethical considerations for health care professionals and their patients |
| 3:30 p.m. | Final Comments | Mike Day, D.D.S. | |